

2016 Player Checklist

- Coach Yashinsky's Cellphone- 920-309-3183--- Text or Call if you have a question
- Update Hudl
 - Log in- (Have us create account if you don't have one)
 - Height and Weight
 - Make sure Cell Phone Number is in. No Area Code, dashes, or parenthesis
(Example: **6087834561**) ALSO add your Cell phone Carrier
 - Download Hudl App on your phone and log into it.
- Impact test if needed
- Log into/ Sign up for Google Classroom for Varsity (or Freshmen)
- Forms turned into MaryBeth
 - Physical
 - Fee Paid
 - Concussion Form
- All Weight Room/ Speed Tests are done
 - Bench Press
 - Squat
 - Clean
 - 40 time
 - 20 time
 - Broad Jump
 - Pro Agility
- Weight Room data input into Computer
- Get Locker/ Know Combo
- Mouthguard fitted
- Look at calendar on next page.